

Survivorship after Prostate Brachytherapy

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Prostate Brachytherapy

- At Kent Oncology Centre radiographers manage the prostate patient pathway
- Post implant CT scan
- Telephone clinic
- Consultant clinic
- Long term follow up clinic



Prostate Brachytherapy

Long term follow up clinic

- PSA monitoring
- Side effect monitoring and advice
- Common side effects:
 - Irritative bladder symptoms
 - Stricture/scarring
 - Bleeding pu
 - Prostatitis
 - Irritated bowel symptoms
 - Proctitis
 - Bleeding pr



Prostate Brachytherapy

Long term follow up clinic

- PSA monitoring
 - PSA bounce
 - Rule out UTI
 - Continue 3 monthly until falls
 - If continues to rise consider MRI/PET



Prostate Brachytherapy

Urinary

- Irritative bladder symptoms
 - Frequency
 - Urgency
- Bladder training
- Anti-muscarinics



Prostate Brachytherapy

Urinary

- Stricture
 - Painful urination
 - Poor flow
 - Haematuria
- Treatment
 - Stricture clinic
 - Cystoscopy or urethrotomy
- OAB
 - Pelvic floor exercises
 - Medication – anti-cholinergics such as solifenacin



Prostate Brachytherapy

Urinary

- Prostatitis
 - Pain, often difficult to define
 - Frequency
 - Erectile dysfunction
 - General tiredness, low mood
- Treatment
 - Antibiotics – ciprofloxacin
 - Pelvic floor exercises
 - Pain meds eg. amitriptyline

Prostate Brachytherapy

Bowel

- Irritative bowel symptoms
 - Diet advice
 - Probiotics
- Proctitis
 - Anti-inflammatories
 - Steroid suppositories/foam may need them intermittently
- Bleeding pr
 - Steroid foam or suppositories
 - Sucralfate enemas



Prostate Brachytherapy

Bowel

- Bowel symptoms can be complex and require detailed history
- Late effects clinic
- Make friends with a gastro-enterologist

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"You don't need a colonoscopy, but I'm sending you for one because, quite frankly, I don't like you."